



*"Our Name Says It All"*

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### **Health Issues**

If there are any special or unusual health conditions that Sure Thing Pest Control needs to know about, please call us at 513.247.0030 at least 2 days prior to your service for us to make advice about precautions to be taken.

### **Arrangements for Treatments**

1. Make arrangements for you and pets to be out of the home during the treatment and for 4 hours afterwards
2. If you plan to stay in a separate location while the treatment is being done, do NOT take any luggage or clothing with you that has not been treated to kill any bed bugs or their eggs that may be on the items.

### **Bed Bug Treatment Prep List**

1. Dispose of clutter and harborage (places pests seek shelter)
  - a. Remove and discard all unnecessary boxes, papers, magazines, or similar items by placing them in a sealed plastic bag for disposal
  - b. We maybe able to fumigate some items
2. Remove all small items off of the floor and away from the wall
3. Move furniture away from the wall so we can treat along all baseboards
4. Empty items from dressers and night stands. Run clothing and linens through a hot drier to kill off any bed bugs or eggs. Place and seal items in a zip lock type bag
5. Clean out closet floors and shelves. Running clothes and linens through a hot drier. Place and seal them in a zip lock bag
6. Remove all bedding from beds and keep them off until after we've completed the treatment
  - a. Run through a hot drier and place in a plastic bag until after the treatment
7. Run all pillows including throw pillows through the drier for 20-30min on the hot cycle
8. Remove mattress and box spring from the bed frame and place upright against a wall for inspection/ treatment
9. Cleanout under all beds
10. Remove drapes and or curtains and have them laundered in HOT water, HOT dryer or dry cleaned. Place in clean, sealed plastic bag until reinstalling them
11. Place clothing and linens into plastic sealable bins or Ziploc type bags for the length of the treatment after they have been laundered
12. Turn off and cover fish tanks

### **Post treatment procedures**

1. Vent the treated area for 30 minutes before re-entry
2. Encase the mattress and box spring
  - a. Encasements can be purchased from us or from retailers like Bed Bath & Beyond
  - b. we offer a cover to put on the box springs that is impregnated with a material (insecticide) that will help with current infestation and reinfestation for two years
3. Continue to go about your normal routine, sleeping in the same room. Avoiding certain areas or rooms will cause the bedbugs to go into hibernation
4. Return pet areas and aquarium(s) to normal
5. No insecticides or products should be used by anyone but Sure Thing during the course of the treatment unless instructed by Sure Thing, these products can counteract ours.
6. Purchase Steri-Fab if you desire to do any of your own treating
7. Schedule a follow-up in 2-3 weeks if you're still seeing activity. We always recommend at least 1 follow-up even if you're not seeing any live activity.
  - a. Bedbugs can continue to hatch out of their eggs and come out from hiding, nymphs are clear and can be very difficult to see.
  - b. The same prep is required for follow-up treatments

### **What to Expect**

1. You may see an increase in activity the following couple of days, this is completely normal. Our products are meant to bring bedbugs out of hiding and get them moving through the materials that were applied.
2. You may still see activity for a couple of weeks after. As the bedbugs hatch out of their eggs and develop, they will move through the materials we have applied and be eliminated.

### **Questions or Concerns**

If you have any question regarding the treatment or preparations needed for the treatment, please feel free to give us a call.

## Bedbug Facts

Bedbugs are out all around the world and don't discriminate between income or cleanliness. Bedbugs are hitch hikers and are typically either introduced by someone staying with you or you staying somewhere for a period of time. A single bug can be picked up while out in public but typically don't lead to an infestation.



**Symptoms of bedbugs:** One of the most identifiable marks of bedbugs is bites, they can sometimes develop as long as 14 days after being bitten or even look like other insect bites. Other clues to look for include:

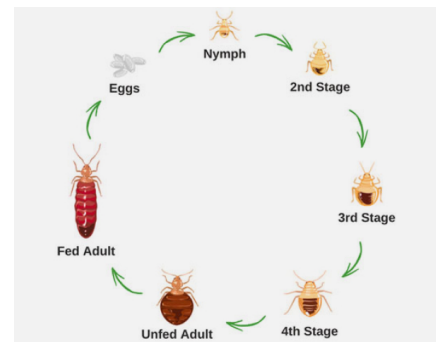
- Exoskeletons/ live bugs in the folds of mattresses and sheets
- Rusty colored blood spots from their fecal material on the mattress or nearby furniture
- A sweet musty odor

Just like mosquito bites, bedbug bites effect everyone differently some people may have no reactions while other may have very enlarged or painful swelling around the bite site. When bedbugs do bite, they produce an anesthetic so most people do not realize they're being bitten. Bite marks may be in a straight line or be random.

**Diet:** Adults and all nymph bedbug stages feed on blood from warm-blooded hosts, typically humans, although other mammals and birds can be utilized for feeding in the absence of a human host.

**Behaviors/ Habitat:** Bedbug infestations usually occur around or near where people sleep. They hide during the day in places such as mattresses, box springs, dressers, side tables, clutter and even behind wallpaper. They have been found to travel as far as 100 feet in a night but they typically live within 8 feet of where people sleep.

**Reproduction:** Females will lay about 5 eggs daily throughout their adult lives in shelter locations (such as a mattress, sofa, under baseboards). Eggs hatch about every 4-12 days. The nymph then goes through 5 stages each requiring a blood meal to develop into an adult. Adults live 6-12 months and may survive longer periods of time without feeding by going into a hibernation state.



**Long-term complications:** Bedbugs are not known to spread any diseases. They can be annoying and cause lack of sleep and anxiety. An allergic reaction to several bites may need medical attention or excessive itching can lead to a skin infection.

**Tips for a successful treatment:** Follow all the items listed in the prep list above. Apply a knee-high stocking over the vacuum wand then vacuum entire area including mattress, furniture and baseboards. Remove the stocking from the vacuum and discard immediately in a sealed plastic bag.